



GARLAND

NOTICE OF MEETING CITY OF GARLAND, TEXAS

**Parks and Recreation Advisory Board
Work Session Room of City Hall
William E. Dollar Municipal Building
200 North Fifth Street
Garland, Texas
February 7, 2024 at 7:00 p.m.**

A meeting of the Parks & Recreation Advisory Board of the City of Garland, Texas will be held at the aforementioned location, date, and time to discuss and consider the following agenda items.

AGENDA:

1. APPROVAL OF MINUTES

- a. Consider approval of the Parks and Recreation board minutes for the December 6, 2023, meeting.

2. PUBLIC COMMENTS

Persons who desire to address the Committee on any item on the agenda are allowed three minutes to speak. Testimony may be held until the item is considered or given at the beginning of any committee meeting. Invited testimony may also occur at any time, subject to a request of the Member of the Committee and with the approval of the Committee Chairperson.

3. ITEMS FOR INDIVIDUAL CONSIDERATION

- a. Recreation Supervisor Report
- b. Wynn Joyce Park Update
- c. 2022-2023 Urban Forestry Activity Report
- d. 2023-2024 Urban Forestry Plan
- e. 2024 Proposed Capital Improvement Program
- f. Capital Improvement Projects and Studies - Design & Development Division Update
- g. Visit Garland, Special Events & Downtown Development Update
- h. Recreation Division Update
- i. Park Division Update
- j. Communications/Enclosures
 - a. Silver Scoop, February 2024

4. FUTURE AGENDA ITEMS

5. ADJOURN



GARLAND

Parks & Recreation Advisory Board

1. 1. a.

Meeting Date: 02/07/2024

Item Title: APPROVAL OF MINUTES

Summary:

Consider approval of the Parks and Recreation board minutes for the December 6, 2023, meeting.

Attachments

Temp Minutes 12-6-2023

DRAFT



GARLAND

MINUTES

The Parks & Recreation Board of the City of Garland convened in regular session at 7:00 p.m. on December 6, 2023, in the Work Session Room, 200 North Fifth Street, Garland, Texas, with the following members:

Present: Jerry Carter, Chair
Molly Bishop, Vice Chair
Nancy Janssen, Board Member
Tamara Aquino, Board Member
Jason Aguirre, Board Member
David Morehead, Board Member
David Parrish, Board Member
Don Koerner, Board Member

Staff Present: D'Lee Williams, Recreation Director
Ziad Kharrat, Parks Special Projects Administrator
Keith Reagan, Administrative Services Manager
Yvonne V. Naser, Management Services Coordinator
Keaton Blythe, Aquatics Programs Supervisor
Samantha Cairry, Aquatics/Athletics Services Manager

AGENDA:

1. MINUTES

a. APPROVAL OF MINUTES

Approval of Minutes for the November 1, 2023 meeting.

Motion was made by Board Member David Parrish, and seconded by Vice Chair Molly Bishop that the minutes of November 1, 2023 be approved as submitted

Vote: 7 - 0

2. PUBLIC COMMENTS

No public comments

Persons who desire to address the Committee on any item on the agenda are allowed three minutes to speak. Testimony may be held until the item is considered or given at the beginning of any committee meeting. Invited testimony may also occur at any time, subject to a request of the Member of the Committee and with the approval of the Committee Chairperson.

3. ITEMS FOR INDIVIDUAL CONSIDERATION

a. CONSIDER CANCELING OR RESCHEDULING THE JANUARY 2024 PARKS AND RECREATION BOARD MEETING.

Motion was made by Board Member Tamara Aquino, and seconded by Vice Chair Molly Bishop to cancel the January 2024 Parks and Recreation Board meeting

Vote: 7 - 0

b. DEPARTMENT UPDATE - RECREATION SUPERVISOR REPORT

Keaton Blythe, Aquatics Programs Supervisor, provided the Parks and Recreation board with an update and was available to answer questions.

c. TEXAS RECREATION AND PARK SOCIETY (TRAPS) REGIONAL AWARDS UPDATE

D'Lee Williams, Recreation Director, provided the Parks and Recreation board with an update and was available to answer questions.

d. LOU HUFF PARK REVITALIZATION PROJECT UPDATE

Ziad Kharrat, Parks Special Projects Administrator, provided the Parks and Recreation board with an update on the Lou Huff Park Revitalization Project.

e. CAPITAL IMPROVEMENT PROJECTS AND STUDIES - DESIGN & DEVELOPMENT DIVISION UPDATE

Ziad Kharrat, Parks Special Projects Administrator, provided the Parks and Recreation board members with a monthly written report on the following: Capital Improvement Projects and Studies - Design & Development Division.

f. VISIT GARLAND, SPECIAL EVENTS & DOWNTOWN DEVELOPMENT UPDATE

Dana Lodge, CVB & Events Director, provided the Parks and Recreation board members with a monthly written report on the following: Visit Garland, Special Events & Downtown Development.

g. RECREATION DIVISION UPDATE

D'Lee Williams, Recreation Director, provided the Parks and Recreation board members with a monthly written report on the following: Recreation Division

4. FUTURE AGENDA ITEMS

No future agenda items provided.

5. ADJOURN

The meeting adjourned at 8:50 p.m.



GARLAND

Parks & Recreation Advisory Board

1. 3. a.

Meeting Date: 02/07/2024

Item Title: RECREATION SUPERVISOR REPORT

Summary:

Recreation Supervisor Report

Background/Additional Information:

D'Aun Muhlinghaus, Garland Senior Activity Center Supervisor, will provide the board with an update and be available to answer questions.



GARLAND

Parks & Recreation Advisory Board

1. 3. b.

Meeting Date: 02/07/2024

Item Title: WYNN JOYCE PARK UPDATE

Summary:

Wynn Joyce Park Update

Background/Additional Information:

Landscape Architect, Mark Ellender, will provide the board with a Wynn Joyce Park Update and be available to answer questions.



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Parks & Recreation Advisory Board

1. 3. c.

Meeting Date: 02/07/2024

Item Title: 2022-2023 URBAN FORESTRY ACTIVITY REPORT

Summary:

2022-2023 Urban Forestry Activity Report

Background/Additional Information:

Parks Director, Matt Grubisich, will provide the board with an update on this year's accomplishments and be available to answer questions.



GARLAND

Parks & Recreation Advisory Board

1. 3. d.

Meeting Date: 02/07/2024

Item Title: 2023-2024 URBAN FORESTRY PLAN

Summary:

2023-2024 Urban Forestry Plan

Background/Additional Information:

Parks Director, Matt Grubisich, will provide the board with the 2023-2024 Urban Forestry Plan and be available to answer questions.



GARLAND

Parks & Recreation Advisory Board

1. 3. e.

Meeting Date: 02/07/2024

Item Title: 2024 PROPOSED CAPITAL IMPROVEMENT PROGRAM

Summary:

2024 Proposed Capital Improvement Program

Background/Additional Information:

Keith Reagan, Administrative Services Manager, will provide the board with an update on the 2024 Proposed Capital Improvement Program and be available to answer questions.

The City Manager presented the 2024 Proposed Capital Improvement Program (CIP) to the City Council at their regular meeting on Jan. 9. Staff presented the proposed Park CIP to Council at their Special Work Session on Saturday, Jan. 20. City Council received a written briefing of all projects and debt issuance requirements proposed for the 2024 CIP. Copies of the Parks CIP section have been saved to the Park Board box account. Public hearings will be held at future regular City Council meetings. It is anticipated that City Council will adopt the proposed 2024 CIP at their regular City Council meeting on Feb. 6.



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Parks & Recreation Advisory Board

1. 3. f.

Meeting Date: 02/07/2024

Item Title: CAPITAL IMPROVEMENT PROJECTS AND STUDIES - DESIGN & DEVELOPMENT DIVISION
UPDATE

Summary:

Capital Improvement Projects and Studies - Design & Development Division Update

Background/Additional Information:

Mark Ellender, Landscape Architect, has provided the Parks and Recreation board members with a written update on the following: Capital Improvement Projects and Studies - Design & Development Division Update

Attachments

D&D Update

CAPITAL IMPROVEMENT PROJECTS AND STUDIES UPDATE

The annual update of the City's Capital Improvements Program (CIP) is complete. Revised Park project schedules and projected debt issuance over the next five years were approved on Feb. 15, 2022.

RECREATION CENTER AND AQUATICS IMPROVEMENTS

- 18364 - GARLAND SENIOR ACTIVITY CENTER RENOVATION AND EXPANSION – 2019 Bond Program – The site layout for the new facility has been established and design is underway.
- 18363 - HOLLABAUGH RECREATION CENTER EXPANSION – 2019 Bond Program – Construction is underway with substantial completion anticipated for March 2024.
- 18365 - HOLFORD RECREATION CENTER AND AQUATICS CENTER – 2019 Bond Program – Construction is underway with substantial completion anticipated mid 2025.
- 18318 – SURF AND SWIM REGIONAL AQUATICS FACILITY – 2019 Bond Program – Kimley Horn and Associates was selected to serve as the prime consultant. Design is underway, with Final Engineering Submittal scheduled for week of 1/29.

GENERAL PARK IMPROVEMENTS

- 18385 – PLAYGROUND REPLACEMENT PROGRAM – 2019 Bond Program – This program aimed to replace 25 playgrounds throughout the city and was packaged into three groups, which began with Group 1 in February 2021. To date, all 25 playgrounds are now complete and open to the public.
- 18590 – LOU HUFF PARK – ARPA – Design is underway with consultant, following public engagement feedback meeting held in December, in which staff presented the results of public engagement and initial concept plan.
- 18593 – RICK ODEN SPLASH PAD – ARPA – The project aims to construct an 8,500 square foot splashpad in Rick Oden Park. Design is currently underway.
- 18592 – WYNN JOYCE PARK – ARPA – The project aims to redevelop Wynn Joyce Park. Public engagement is complete. Staff presented the public engagement results during a 1/18 public meeting, held at the South Garland Library. Public engagement results and developed concepts will be presented to Parks Board, and the City Council.
- 18591 – KINGSLEY PARK – ARPA – Design is underway.
- 18357 – JOHN PAUL JONES PARK – 2019 Bond Program/TPWD – The project aims to address erosion issues along the shoreline, improved boating access from the parking lot, a courtesy dock for boaters, kayak launch, parking lot improvements, and a new permanent restroom. Upon completion of design, TPWD will work with the City on funding towards construction as funding is available. Design is underway.
- 18588 – WATSON PARK – 2019 Bond Program/TPWD/CDBG – All construction is now complete, and the park is now open to the public. The improvements include a FUTSAL court, splash pad, playground, permanent restroom building, parking, lighting, soccer field renovation, and walkways.
- 18329 – TUCKERVILLE PARK – 2019 Bond Program – Bids have been evaluated and the construction contract was approved by City Council on December 12, 2023. Following a Pre-Construction meeting, onsite construction will begin the week of 1/29.
- 18334 - AUDUBON PARK PICNIC AREA REPAVING – Design is complete. Construction will be pushed to future years as funding allows.
- 18337 - WINDSURF BAY PARK IMPROVEMENTS – Design efforts are on hold until sufficient funding becomes available to address complete shoreline improvements along the lake.

TRAILS AND GREENBELTS

- 18568 – NAAMAN FOREST CONNECTION TRAIL – 2019 Bond Program – Design is underway. This project

is a trail connection supported by Dallas County to connect the recently completed trail within Spring Creek Greenbelt to Halff Park and Naaman Forest Blvd. This trail segment will eventually connect with a proposed trail along Brand Rd., north of PGBT.

- 18569 – DUCK CREEK AUDUBON TRAIL – 2019 Bond Program – Design is underway. This project is a trail connection supported by Dallas County to connect Duck Creek Trail at Bill Cody Park to Audubon Park.
- 18570 – CENTRAL PARK WALKING TRAIL – ARPA – Design in underway. This project aims to complete a loop trail around Central Park to connect to the spine trail and the other amenities in the park.
- 32181 – DUCK CREEK SOUTH EXTENSION TRAIL – The construction contract was approved by City Council on November 14, 2023, and construction began in December 2023.
- 18354 - MEADOWCREEK BRANCH GREENBELT DRAINAGE IMPROVEMENTS – This project has been re-assigned to the Engineering department, and staff is working to re-engage the design firm to complete the design. Construction is anticipated to begin in 2024.

PLANS AND STUDIES

- NO ACTIVE PLANS OR STUDIES

COMPLETED PROJECTS - 2023

*Note: The status of 2019 Bond projects will be updated through the Project Management Office.

- 18354 – ABLON PARK POND AND PIER IMPROVEMENTS
- 18583 – MONTGOMERY PARK
- 18588 – WATSON PARK
- 18385 – PLAYGROUND REPLACEMENT PROGRAM
- 18374 – EMBREE PARK SPLASH PAD
- 18373 – LON WYNNE PARK SPLASH PAD
- 18320 – GRANGER ANNEX RENOVATION



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Parks & Recreation Advisory Board

1. 3. g.

Meeting Date: 02/07/2024

Item Title: VISIT GARLAND, SPECIAL EVENTS & DOWNTOWN DEVELOPMENT UPDATE

Summary:

Visit Garland, Special Events & Downtown Development Update

Background/Additional Information:

Dana Lodge, CVB & Events Director, has provided the Parks and Recreation board members with a written update on the following: Visit Garland, Special Events & Downtown Development

Attachments

2-7-2024 CVB & SE



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Parks and Recreation Board

Visit Garland, Special Events, & Downtown Development

Visit Garland, CVB

Sales & Events:

- Rockstar Championships – December 2023

Future Bookings:

- NXL Paintball – May 2024
- Pond Hopper Nation – June 2024
- Metroplex Aquatics/American Long Course Swim Meet – July 2024
- TAAF Conference – September 2024
- US Quadball – February 2025
- Code Enforcement Association of Texas (CEAT) – 2025

Marketing Campaign

- GDBA – Throwback Thursday Movie Series
- Infinity Arcade – Console Tournament, NYE Party
- Garland Landmark Museum – Night at the Museum, Heritage Handwork
- The Urban Market
- A Garland Christmas on the Square
- Saturday Stamps
- Christmas
- Mexico 2000 Ballet Folklorico
- The Foundry Church
- Holiday Decorating Storefront Contest
- Ana the Downtown Garland Elf
- Music Made Here – Buffett Beach Band
- Intrinsic Smokehouse & Brewery
- 2023 Event Recap

Downtown Development Office

- Continued Construction Updates and Business Support
- Downtown Murals – 617 W. State Street
- Revitalization Program – pending applications
- TIF 1 – Expansion and Extension approved by Council
- Downtown District Website – full launch
- Holiday Décor – Christmas Tree, displays and lights in place for Christmas on the Square
- Saturday Stamps – up tick in participation, campaign moving forward
- Activation and Engagement Coordinator – Sarah Plaxco

Special Events

Jan. 5, 2024

- Music Made Here – The Atrium, 300 N. Fifth St.

Jan. 12, 2024

- Groundbreaking – Tuckerville Park, 1801 TX-66

Jan. 13, 2024

- MLK Parade – Downtown Garland, 520 W State St.

Special Events

Feb. 2, 2024

- Music Made Here – Plaza Theatre, 521 W. State St.



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Parks & Recreation Advisory Board

1. 3. h.

Meeting Date: 02/07/2024

Item Title: RECREATION DIVISION UPDATE

Summary:

Recreation Division Update

Background/Additional Information:

D'Lee Williams, Recreation Director, provided the Parks and Recreation board members with a written update on the Recreation Division.

Attachments

REC DIV UPDATE

Parks and Recreation Board

Recreation Division Update

- Recreation and Park Operations staff decorated the Grand Marshal's float for the MLK Parade on Jan. 13.



- Summer 2024 hiring is underway! Recreation is currently reviewing applications and interviewing for:
 - Summer Camp
 - Aquatics
 - Summer Nutrition
- **Trunk-n-Hunt**
Audubon Park
March 27, 6 – 8 p.m.
Bunny selfies, games & bounce houses



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Parks & Recreation Advisory Board

1. 3. i.

Meeting Date: 02/07/2024

Item Title: PARK DIVISION UPDATE

Summary:

Park Division Update

Background/Additional Information:

Christopher Lewis, Parks Maintenance Manager, has provided the Parks and Recreation board members with a written update on the following: Park Division Update

Attachments

Park Update



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TEXAS MADE HERE

Parks and Recreation Board

Park Division Update

1. Enhanced the aesthetics of several downtown flowerbeds through the addition of mulch.
2. Executed a comprehensive cleaning of the Lou Huff storage facility to facilitate the storage of new Christmas decorations.
3. Successfully completed landscaping work at the Granger Annex.
4. Skillfully designed and constructed a float for the Martin Luther King Jr. Day parade.
5. Conducted thorough and meticulous tree trimming along the Duck Creek corridor, Halff Trailhead, Winters Amphitheater, and Rose Hill.



GARLAND

Parks & Recreation Advisory Board

1. 3. j.

Meeting Date: 02/07/2024

Item Title: COMMUNICATIONS/ENCLOSURES

Summary:

Communications/Enclosures

- a. Silver Scoop, February 2024

Attachments

Silver Scoop 2-2024

Silver Scoop

GarlandParks.com



February 2024

Carver Senior Center

Choctaw Casino Trip

Tuesday, Feb. 13

8 a.m. to 3 p.m.

\$20



Call Carver Senior Center for more information at 972-205-3305.

Thrift Store Tuesday

Tuesday, Feb. 6

8:30 to 10:30 a.m.

Join us for some vintage treasure hunting.



February Birthday

Celebration

Friday, Feb. 16

10 a.m.

Don't miss out on the fun!
Enjoy cake and music.

Movie Day



Tuesday, Feb. 27

10 a.m. to 3 p.m.

Grab your popcorn and join us for a movie at Strike + Reel.

Eternal Elegance - Carver Senior Prom

Thursday, Feb. 22

9 a.m. to noon

Music, Food, King and Queen Raffle

The Atrium - 300 N. Fifth St.

Contact Carver Senior Center at 972 205-3305 to RSVP.

Carver's Black History Program

Friday, Feb. 23

9 a.m. to noon

Guest Speakers, entertainment and fun!

The Atrium - 300 N. Fifth St.

Activities listed in the Silver Scoop are subject to change at any time.
If you have questions or need more information about
Carver Center activities, call 972-205-3305.

**Carver Senior Center
Bible Study
Tuesday, Feb. 20
9 a.m.**

Enjoy fellowship with your fellow seniors while learning more about God.



**Free Chair Exercise Class
Mondays and Thursdays
10 a.m.**

Pull up a chair and get your body moving. Build core strength, flexibility and balance through routines that are simple modifications of familiar exercises. This low-impact, full-body workout allows you to work at your level and pace through guided instruction.



**“Around the World”
Virtual Travel Class
Every Wednesday
Noon to 1 p.m.
\$7 for materials**



**For more information, call
Carver Senior Center at 972-205-3305.**

Mindful Meditation

Designate a few minutes of your day to set your worries to the side. Drop in for breathing exercises, gentle yoga moves and soothing music.

**Every Tuesday
Noon to 12:30 p.m.**

**For more information, contact
Carver Senior Center at 972 205-3305.**

**Beginning Guitar
Tuesdays
8:30 to 9:30 a.m.**

\$20

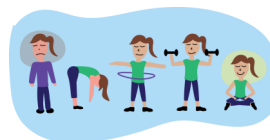
Strike a chord! Learn basic fundamentals, including how to tune the instrument, basic open and barre chords, understanding notation, basic reading and playing in time. Students with little or no knowledge of playing guitar thrive in this enriching musical environment.

**Bring your own
acoustic guitar.**



Senior Fitness with Lana

Designed for the adult body, senior fitness strengthens all the major muscles, helps improve and maintain balance, increases flexibility, strengthens the heart and increases stamina.



**Every Friday
9 to 9:45 a.m.**

**For more information, call
Carver Senior Center at 972-205-3305.**

Drumba

Drumba is a class that combines drumsticks with dance steps and exercise moves to create a cardiovascular workout. Come get your stick on!

Drumba is canceled until further notice.



Brush Painting

Learn the basic brush strokes of 3,000-year-old Chinese brush painting also known as Sumi. Students will be provided with the basic necessary materials of rice paper, natural hair brushes and Chinese black ink for their first lesson.

Gale Fields Multipurpose Room
Wednesdays
9 a.m.
FREE



Who doesn't like the thrill of finding the last item on your list, jumping out of your chair and shouting, "BINGO"?! BINGO is a great way to socialize with friends.

Gale Fields Multipurpose Room
Mondays and Fridays
10:20 to 11 a.m.
FREE



Adult Coloring Class

Benefits of coloring include improved motor skills, sleep and focus, as well as reduced anxiety and stress relief. Enjoy a relaxing morning of coloring and socializing.

Gale Fields Multipurpose Room
Second Wednesday
10:15 a.m.
FREE

Texas Hold 'Em



Gale Fields Multipurpose Room
Fridays
12:30 p.m.
FREE

CERAMICS

Bring and work on your ceramics project.

Gale Fields Multipurpose Room
Mondays
9 a.m. to 1:30 p.m.
FREE



U CAN PAINT

Learn color mixing, brush strokes and time-saving techniques under the guidance of artist Christen Garden. Paint with confidence and improve your artful eye.

"On Mountain Time"
Friday, Feb. 9
Noon to 3 p.m.
Gale Fields Multipurpose Room
\$15 Registration Fee
\$20 Supply Fee



**Activities listed in the Silver Scoop are subject to change at any time.
If you have questions or need more information about
Garland senior activities, call 972-205-2769.**

GSAC Programs

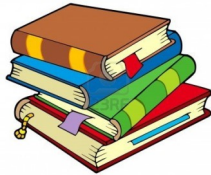
GSAC READERS' GROUP

The Readers' Group will meet Wednesday, Feb. 21. This month's reading selection is "State of Terror: A Novel" by Louise Penny and Hillary Rodham.

All selections are available at the public library.

For more information, contact
Cathy McGough at
214-534-3284.

South Garland Library
Third Wednesday



Chair Exercise Class

Pull up a chair and exercise. Chair exercises are modifications of familiar exercises and a gentle way to build muscle and stay flexible.

Gale Fields Gym
Mondays, Wednesdays and Fridays
9:45 to 10:15 a.m.

FREE



Fit to Live! (Formerly Fitness Plus)

The intent of this class is to strengthen major muscles, improve and maintain balance, increase and improve flexibility, strengthen the heart and increase stamina through the use of free weights, targeted yoga stretches and small bursts of low-impact, but high-intensity interval training (HIIT).

Gale Fields Gym
Mondays, Wednesdays and Fridays
8:15 to 9:15 a.m.

FREE

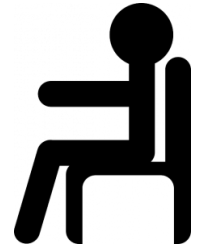


Chair Yoga

Improve flexibility, relieve stress and tone muscle with the use of a chair. A great class for beginners.

Gale Fields Gym
Tuesdays and Thursdays
9:25 to 10:25 a.m.

First class is always free.



Yoga

A mind-body practice that provides both physical and mental benefits.

Gale Fields Gym
Wednesdays
10:30 a.m.

First class is always free.



Senior Tae Kwon Do

Train with a sixth-degree black belt. Feel safer, more confident and more agile. The instructor will use moves specific to seniors and their needs and abilities.

Gale Fields Gym
Tuesdays
10:30 to 11:30 a.m.

First class is always free.



All classes require a punch card unless otherwise noted.

The cost of punch cards is
\$35 for 10 classes or
\$60 for 20 classes.



Fitness Schedule

Monday

8:15 a.m. Fit to Live! - F

9:45 a.m. Chair Exercise - F

10 a.m. Chair Exercise - C

Tuesday

8 a.m. Carver Cruisers - C

9:25 a.m. Chair Yoga - F

9:30 a.m. Cardio Drumming - C

10:30 a.m. Tae Kwon Do - F

Wednesday

8:15 a.m. Fit to Live! - F

9:45 a.m. Chair Exercise - F

10:20 a.m. Yoga - F

Thursday

9:25 a.m. Chair Yoga - F

10 a.m. Chair Exercise - C

Friday

8:15 a.m. Fit to Live! - F

9:45 a.m. Chair Exercise - F

Fitness Card Rates

\$35 - 10 Class Punch Card

\$60 - 20 Class Punch Card

Cards do not expire.



Monday



Tuesday



8:15 a.m. Fit to Live! - F
9 a.m. Ceramics - F
9 a.m. Crochet Class - C
9:45 a.m. Chair Exercise - F
10 a.m. Chair Exercise - C
10:20 a.m. BINGO - F
Noon 42 Dominoes - G

5

8:30 a.m. Guitar - C
8:30 a.m. Thrift Store - C
9 a.m. Creative Crafters - F
9 a.m. Writers' Workshop - B
9:25 a.m. Chair Yoga - F
9:30 a.m. Cardio Drumming - C
10:30 a.m. Tae Kwon Do - F
Noon Meditation - C

6

8:15 a.m. Fit to Live! - F
9 a.m. Ceramics - F
9 a.m. Crochet Class - C
9:45 a.m. Chair Exercise - F
10 a.m. Chair Exercise - C
10:20 a.m. BINGO - F
Noon 42 Dominoes - G

12

8 a.m. Choctaw - O
8:30 a.m. Guitar - C
9 a.m. Creative Crafters - F
9 a.m. Tech Tuesdays - C
9 a.m. Writers' Workshop - B
9:25 a.m. Chair Yoga - F
9:30 a.m. Cardio Drumming - C
10:30 a.m. Tae Kwon Do - F
10:30 a.m. Grub Club - O
Noon Meditation - C

13

8:15 a.m. Fit to Live! - F
9 a.m. Ceramics - F
9 a.m. Crochet Class - C
9:45 a.m. Chair Exercise - F
10 a.m. Chair Exercise - C
10:20 a.m. BINGO - F
11:30 a.m. Travel Meeting - C
Noon 42 Dominoes - G

19

8:30 a.m. Guitar - C
9 a.m. Creative Crafters - F
9 a.m. Bible Study - C
9 a.m. Writers' Workshop - B
9:25 a.m. Chair Yoga - F
9:30 a.m. Cardio Drumming - C
10:30 a.m. Tae Kwon Do - F
Noon Meditation - C

20

8:15 a.m. Fit to Live! - F
9 a.m. Ceramics - F
9 a.m. Coffee with a Nurse - F
9 a.m. Crochet Class - C
9:45 a.m. Chair Exercise - F
10 a.m. Chair Exercise - C
10:20 a.m. BINGO - F
Noon 42 Dominoes - G

26

8:30 a.m. Guitar - C
9 a.m. Creative Crafters - F
9 a.m. Writers' Workshop - B
9:25 a.m. Chair Yoga - F
9:30 a.m. Cardio Drumming - C
10 a.m. Movie Day - O
10:30 a.m. Tae Kwon Do - F
Noon Meditation - C

27

Wednesday	Thursday	Friday
	9 a.m. Coffee & Conversation - C 9:25 a.m. Chair Yoga - F 10 a.m. Chair Exercise - C 10:15 a.m. Guitar Lessons - F 12:30 p.m. Bridge - F 1	8:15 a.m. Fit to Live! - F 9 a.m. Popcorn & BINGO - C 9 a.m. Fitness Class - C 9:45 a.m. Chair Exercise - F 10:20 a.m. Bingo - F 12:30 p.m. Bridge - F 12:30 p.m. Texas Hold 'Em - F 2
8:15 a.m. Fit to Live! - F 9 a.m. Brush Painting - F 9 a.m. Adult Crafting - C 9:45 a.m. Chair Exercise - F 9:45 a.m. Shopping - 99 Cents - O 10:15 a.m. Adult Coloring - F 10:30 a.m. Yoga - F Noon Around the World - C 7	9 a.m. Coffee & Conversation - C 9:25 a.m. Chair Yoga - F 10 a.m. Chair Exercise - C 10:15 a.m. Guitar Lessons - F 12:30 p.m. Bridge - F 8	8:15 a.m. Fit to Live! - F 9 a.m. Popcorn & BINGO - C 9 a.m. Fitness Class - C 9:45 a.m. Chair Exercise - F 10:20 a.m. Bingo - F Noon U Can Paint - F 12:30 p.m. Bridge - F 12:30 p.m. Texas Hold' Em - F 9
8:15 a.m. Fit to Live! - F 9 a.m. Brush Painting - F 9 a.m. Adult Crafting - C 9:45 a.m. Chair Exercise - F 9:45 a.m. Shopping - Walmart - O 10:30 a.m. Yoga - F Noon Around the World - C 14	9 a.m. Coffee & Conversation - C 9:25 a.m. Chair Yoga - F 10 a.m. Chair Exercise - C 10:15 a.m. Guitar Lessons - F 12:30 p.m. Bridge - F 15	8:15 a.m. Fit to Live! - F 9 a.m. Popcorn & BINGO - C 9 a.m. Fitness Class - C 9:45 a.m. Chair Exercise - F 10 a.m. Birthday Celebration - C 10:20 a.m. Bingo - F 12:30 p.m. Bridge - F 12:30 p.m. Texas Hold 'Em - F 16
8:15 a.m. Fit to Live! - F 9 a.m. Brush Painting - F 9 a.m. Adult Crafting - C 9:45 a.m. Chair Exercise - F 9:45 a.m. Shopping - Dollar Tree - O 10 a.m. Readers Group - O 10:30 a.m. Yoga - F Noon Around the World - C 21	9 a.m. Eternal Elegance - O 9 a.m. Coffee & Conversation - C 9:25 a.m. Chair Yoga - F 10 a.m. Chair Exercise - C 10:15 a.m. Guitar Lessons - F 12:30 p.m. Bridge - F 1:30 p.m. Travel Meeting - F 22	8:15 a.m. Fit to Live! - F 9 a.m. Black History Program - O 9 a.m. Fitness Class - C 9:45 a.m. Chair Exercise - F 10:20 a.m. Bingo - F 12:30 p.m. Bridge - F 12:30 p.m. Texas Hold' Em - F 5:30 p.m. Line Dancing Workshop - F 23
8:15 a.m. Fit to Live! - F 9 a.m. Brush Painting - F 9 a.m. Adult Crafting - C 9:45 a.m. Chair Exercise - F 9:45 a.m. Shopping - Walmart - O 10:30 a.m. Yoga - F Noon Around the World - C 28	9 a.m. Coffee & Conversation - C 9:25 a.m. Chair Yoga - F 10 a.m. Chair Exercise - C 10:15 a.m. Guitar Lessons - F 12:30 p.m. Bridge - F 29	Legend: C - Carver B - Bradfield F - Fields G - Granger O - Off-Site



Garland Senior Activity Center

Woody's Classic Car
and Baseball Museum
Thursday, May 16



\$29

Peaceful Acres Horse Rescue



Thursday, April 25

\$35

Looking for Domino players!



Monday - Friday
8 to 11 a.m.

**Garland Senior Activity Center
at Fields Recreation Center
1701 Dairy Road,
Garland TX, 75040
972-205-2769**

The Dinosaur Company



Tour the production
facility of a world
leader in dinosaur
animatronics.

Tuesday, April 16
9 a.m.

\$24

Carver Extended Trip



Carver Travel Meeting
Monday, Feb. 19
11:30 a.m.
222 Carver St.



San Antonio
Dec. 2-6

Double Rate: \$595
Single Rate: \$715

Day Trips and Extended Trips



GSAC
Travel Meeting
Thursday, Feb. 22
1:30 p.m.

Gale Fields Recreation Center
1701 Dairy Road

Extended Trips



2024
Spotlight on Tuscany
Sept. 25 - Oct. 3
Double rate: \$4,648



NEW MEXICO
with Byron Cain
2024
Call Garland Senior Center for details.
972-205-2769



2024
European Christmas Markets
Dec. 3-11
Double rate: \$3,998
Single rate: \$4,598

ATTENTION

All return times for the Senior Center trips are APPROXIMATE and subject to change due to unforeseen circumstances such as traffic, activities running longer than anticipated, etc. Thank you for understanding.

Golden Gamers Carver's Game Day Wednesday, Feb. 28

Team up and get ready for an hour filled with Wheel of Fortune, Spades, Family Feud and more!

Interested in teaching a class?
Call the Carver Senior Center at
972-205-3305 or email us at
jemiller@garlandTX.gov.
jebaker@garlandTX.gov.

Medical Transportation Program

The City of Garland offers transportation to Garland residents 60 years of age and older who are not wheelchair bound to local Garland medical appointments free of charge. This limited service is intended for seniors who have no other means of getting to and from their local medical appointments. Call 972-205-2890 for more information.

Senior Services

AARP Office Toll free	1-866-554-5377
Aging Information Hotline	211
Better Business Bureau	214-220-2000
Dallas Area Agency on Aging	214-871-5065
DART ParaTransit	214-515-7272
Food Stamps (SNAP)	214-819-1860
Garland Fair Housing	972-205-3300
Legal Aid of Northwest Texas	1-888-529-5277
Meals on Wheels	214-689-2639
Medicare	1-800-633-4227
Mental Health Hotline	1-866-615-8700
Nursing Home Ombudsman	214-823-5700
Office of Senior Affairs	214-670-5227
Parkland Health Center	214-266-0700
Social Security Admin.	1-800-772-1213
Senior Source	214-823-5700
Veterans Service Officer	214-819-1886
Widowed Persons Service	214-358-4155

Nutrition & Transportation Program

The nutrition program is a daily meal program that ensures a nutritious lunch for older adults. On a limited basis, free transportation to both senior center locations is available to residents age 60 or older, living in the city of Garland, who participate in the nutrition program. An application must be completed before being able to participate in the program. This service is supported, in part, by the Dallas Area Agency on Aging (DAAA), the Texas Department of Aging and Disability Services (DADS) and Dallas County. For additional information, call 972-205-2769.

Senior Center Policy

It is the policy of the Senior Services Section of the Garland Parks & Recreation Department to serve all persons with regard to employment, programs, services and/or admissions without discrimination as to race, creed, color, sex, ancestry, national origin, religion or disability. The Garland Senior Activity Center and Carver Senior Center are wheelchair accessible. Persons with disabilities who plan to attend and who may need auxiliary aids or services must contact 972-205-2769 so that appropriate arrangements can be made. For the hearing impaired, call our TDD at 972-205-2933 or RELAY TEXAS at 1-800-735-2989.

Important Information

GarlandParks.com

Garland Senior Activity Center

600 W. Avenue A
Garland, TX 75040
Phone: 972-205-2769

The Garland Senior Activity Center is currently closed for renovations. The majority of our programs have been relocated to Gale Fields Recreation Center, located at 1701 Dairy Road. Call for details.

Carver Senior Center

222 Carver St.
Garland, TX 75040
972-205-3305

Hours of Operation:

Monday	8 a.m. – 3 p.m.
Tuesday	8 a.m. – 3 p.m.
Wednesday	8 a.m. – 3 p.m.
Thursday	8 a.m. – 3 p.m.
Friday	8 a.m. – 3 p.m.

The Garland Senior Activity Center and the Carver Center are recreation centers for adults 55 and older, offering an extensive variety of activities and classes intended to enhance and enrich the lives of active adults in our community. The centers are not licensed adult day care facilities. All paid and drop-in activities are designed for independent participation. Staff does not provide direct supervision or personal care and does not monitor participants coming and going. Participants requiring assistance need to be accompanied by a caregiver or assistant while at the center.

Garland Senior Activity Center Staff

D'Aun Muhlinghaus - Senior Services Supervisor

Cecilia Ballester - Senior Services Specialist

Elda Guerrero - Medical Transportation Driver/Senior Services Specialist

Rachel Bibby - Senior Services Specialist

Doug Peterson - Medical Transportation Driver

Larry Alba - Bus Driver

James Frederick - Bus Driver

John Cochrane - Bus Driver

Josselyn Juarez - Building Attendant

Mike Coffman - Recreation Associate

Susan Pate - Recreation Associate

Carver Senior Center Staff

Jelisa Baker - Senior Services Supervisor

Jerica Miller - Senior Services Specialist

Dorothy Jones - Recreation Associate

Zoila Alba - Recreation Associate

Maria Diaz - Building Attendant



GARLAND