



**GARLAND**  
**NOTICE OF MEETING**  
**CITY OF GARLAND, TEXAS**

**Senior Citizens Advisory Commission**  
**Work Session Room of City Hall**  
**William E. Dollar Municipal Building**  
**200 N. Fifth Street**  
**Garland, Texas**  
**May 7, 2026**  
**9:00 AM**

A meeting of the Senior Citizens Advisory Commission of the City of Garland, Texas will be held at the aforementioned location, date, and time to discuss and consider the following agenda items.

**AGENDA:**

**1. APPROVAL OF MINUTES**

- a. Consider Approval of the Senior Citizen Advisory Commission Minutes for the April 2, 2026 Meeting**

**2. PUBLIC COMMENTS**

Persons who desire to address the Commission on any item on the agenda are allowed three minutes to speak.

**3. ITEMS FOR INDIVIDUAL CONSIDERATION**

- a. Garland Police Department and Environmental Health Department will Discuss Scams, Issues, and Mental Health Pertaining to Senior Citizens**

*Matt Pesta, Garland Police Officer, and Melissa Sullivan, Licensed Clinical Social Worker, Environmental Health Department, will discuss fraud, scams, and mental health issues pertaining to senior citizens.*

- b. Marketing Outreach to Seniors Update**

*Commission Members Montgomery and Bruns will provide an update on which city events the Commission could provide outreach at, including other marketing efforts.*

- c. Garland Churches Food Assistance Update**

*Commission Member Garrett will present a report outlining the scheduled dates and times of recurring food banks.*

- d. Senior Citizens Advisory Commission Website Update**

*Jesse Johnson Jr., Recreation Manager, will provide an update on the Commission's website.*

**e. Senior Citizens Advisory Commission Bylaws Update**

*Jesse Johnson Jr., Recreation Manager, will update the Commission on the bylaws that were previously submitted for Council approval.*

**f. Update on Email Blast, Survey, Utility Bill Marketing, and Beam Signing Event**

*Jesse Johnson Jr., Recreation Manager, will update the Commission on the email blast, survey, utility bill marketing, and beam signing event.*

**g. Senior Center Reports**

*Jelisa Baker (Carver) and Dee Muhlinghaus (Senior Activity Center), Recreation Services Supervisors, will provide updates to the Commission and be available to answer questions.*

**h. City Press Upcoming Topics**

*Carol Cooper, Commission Chair, will lead a discussion on upcoming topics to be included in the City Press.*

**4. FUTURE AGENDA ITEMS**

**5. ADJOURN**

**NOTE:** A quorum of the City Council may be in attendance and may or may not participate in the discussions of the Commission.



# GARLAND

## MINUTES

The Senior Citizens Advisory Commission of the City of Garland convened in regular session at 9:00 AM on April 2, 2026, in the Work Session Room at the William E. Dollar Municipal Building, 200 North Fifth Street, Garland, Texas, with the following members present:

Present: Carol Cooper, Chair  
Gail Belton, Vice Chair  
Amador Castro. Jr., Commission Member  
Wytonia Montgomery, Commission Member  
Sal Liberto, Commission Member  
Robert Bruns, Commission Member  
Kathleen Gardner, Commission Member  
Ann Garrett, Commission Member  
Venita Lovelace - Chandler, Commission Member

Staff Present: Jesse Johnson Jr., Recreation Manager  
Jelisa Baker, Recreation Services Supervisor  
Dee Muhlinghaus, Recreation Services Supervisor  
Yvonne V. Naser, Management Services Coordinator

### 1. APPROVAL OF MINUTES

- a. **Consider Approval of the Senior Citizens Advisory Commission Minutes for March 5, 2026 Meeting**

A motion was made by Vice Chair Belton, and seconded by Commission Member Montgomery, that the minutes of March 5, 2026, be approved as submitted. All voted in favor. Motion carried.

### 2. PUBLIC COMMENTS

Persons who desire to address the Committee on any item on the agenda are allowed three minutes to speak.

There was no one who wished to speak under citizen comments.

### 3. ITEMS FOR INDIVIDUAL CONSIDERATION

- a. **Legal Needs for Senior Citizens**

*John R. McNair, Certified Elder Law Attorney from McNair Dallas Law, will provide the Commission with information regarding legal needs pertaining to seniors and be available to answer questions.*

Commission Member, Lovelace - Chandler, introduced John R. McNair, Certified Elder Law Attorney from McNair Dallas Law. Mr. McNair provided the Commission with information regarding legal needs pertaining to seniors and was available to answer questions.

- b. **Garland Police Department Update on Scams and Issues Pertaining to Senior Citizens**

*Corey Jones, Garland Police Officer, will provide the Commission with an update and be available to answer questions.*

Ms. Marler and Mr. Caltabiano, were introduced as new Neighborhood Police Officers (NPO). Mr. Pesta, Garland Police Officer, provided an update on scams and issues pertaining to senior citizens. The presentation

included a brief overview of Artificial Intelligence fraud, including scammer fraud in general, as well as the Police Department event: Surf N Turf at Central Park (Easter Egg Hunt) and was available to answer questions.

**c. City Hall Evacuation Plan Discussion**

*Jesse Johnson, Recreation Manager, will lead a discussion with the Commission and will be available to answer questions.*

Mr. Johnson, Jr., Recreation Manager, reviewed and provided the Commission with a handout of the City Hall Evacuation Plan and was available to answer questions.

**d. Marketing Outreach to Senior Centers Update**

*Commission Member Montgomery will provide an update on the marketing outreach and be available to answer questions.*

Commission Member Montgomery discussed how she would like the Commission Members to attend Parks and Recreation and City of Garland events while representing the Senior Citizens Advisory Commission.

**e. Garland Church Food Assistance Update**

*Commission Member Garrett will provide an update and share a list of churches that provide food assistance.*

Commission Member Garrett reported she is working on a calendar of the churches that provide services to those in need.

**f. Senior Citizens Advisory Commission Website Discussion**

*Chair Cooper will lead a discussion with the Commission and will be available to answer questions.*

Chair Cooper and Mr. Johnson Jr., Recreation Manager, updated the Commission on the Senior Citizens Advisory Commission web page options and limitations as well as the survey email blast, and were available to answer questions.

**g. Senior Center Reports**

*Jelisa Baker and Dee Muhlinghaus, Recreation Services Supervisors, will provide updates to the Commission and be available to answer questions.*

Ms. Baker and Ms. Muhlinghaus, Recreation Services Supervisors, provided information on past and upcoming activities from the two senior centers to the Commission and were available to answer questions.

**h. City Press Upcoming Topics**

*Chair Cooper will lead a discussion on upcoming topics to be included in the City Press.*

Chair Cooper notified the Commission that the Brain Health article was submitted and approved and pending acknowledgment. The deadline for the July issue is May 15th.

**4. FUTURE AGENDA ITEMS**

Commission Member Lovelace - Chandler has requested a Senior Appreciation Day Discussion  
Chair Cooper has requested the following:

- May — Police Dept. Social Work — Melissa
- June — Envision Dallas (formerly Dallas Lighthouse for the Blind)
- July — No meeting for the month of July

**5. ADJOURN**

Chair Cooper adjourned the meeting at 11:06 a.m.

**Submitted By:**

**/s/ Carol Cooper, Chair**

**/s/ Yvonne V. Naser, Recording Secretary**